

REC 380 - Developmental Play Processes

Assignment: **Play History**

Point Total: 20 points [1-2 pages – formal writing assignment means type double-spaced and using proper grammar and writing style]

Due Date: **Hard copy due at start of class on 02/20/2017**

Was playing important to you? Can you remember play from your childhood? Take a second to reflect on the different periods of your life and what things you did for play. What were you playing? Who were you playing with? Where did you play? What sort of toys and games did you play? How did your play define what was important to you at that time in your life?

1. Your History of Play For each period of your life below I want you to write a paragraph explaining what play was for you during that period. In this paragraph, tell me **what** you did and remember about play during that period of your life and give me one specific memory that stands out to embody play in that part of your life. Remember to add a conclusion highlighting **so what** did you learned about yourself or what was most important to you in this period of play.

- **Pre-School from 2 to 5 years old**
- **Elementary School from 6-10 years old**
- **Middle School from 11 – 14 years old**
- **High School from 14 – 18 years old**
- **After High school until now**

2. Perspective on Play From these memories, write another paragraph and try to define the role of play in your personal growth and define your personal perspective on the role of play in your life.

3. Play Bucket List Tell me three playful things that you want to do before you die. Be specific and tell me what you want to be on your bucket list – before you die what sort of things do you want to do from the play perspective??? Why that, what it represents to you and when do you think you will do this.