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Submission date: 20-Dec-2021 03:41AM (UTC-0500)

Submission ID: 1734137226

File name: Community_assessment.pptx (492.42K)

Word count: 1096

Character count: 6019

COMMUNITY ASSESSMENT

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Introduction



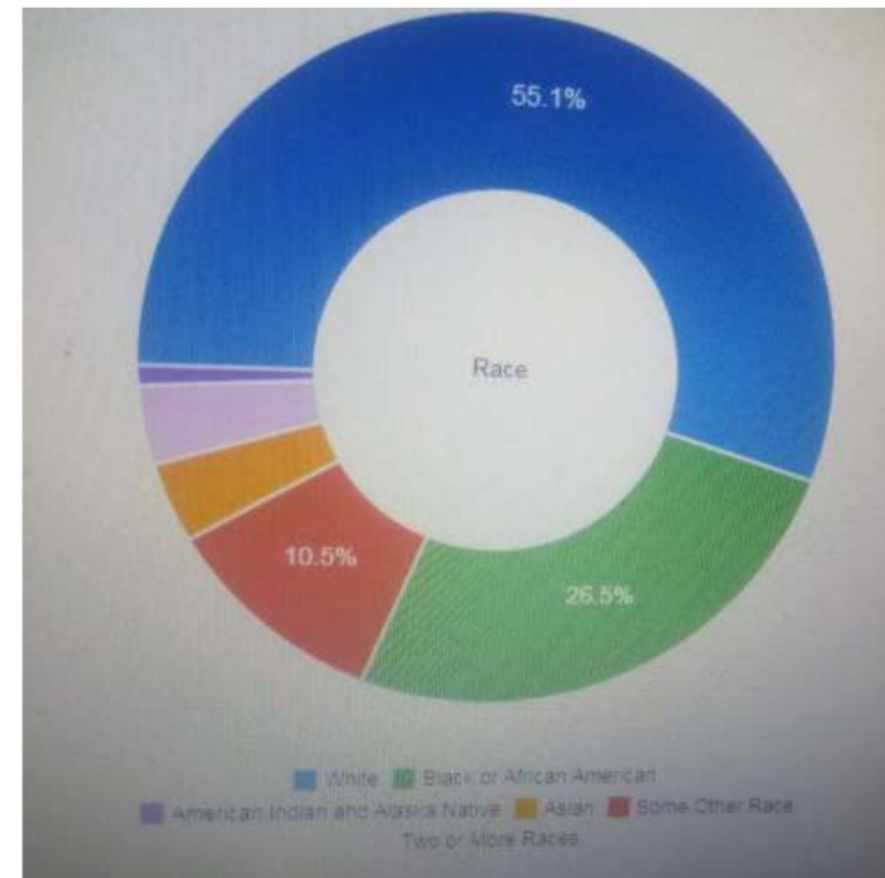
- Health professionals needs to gather community details.
- It is paramount when deciding on health issue crisis and interventional programs.
- High level analysis on a community helps in making concrete decisions on healthcare needs.
- The analysis requires identifying the needs to be addressed of the selected community as each has different attributes.
- This presentation shows the case of the East Hartford Community.

The selected community

- As mentioned above, each community exhibits its various attributes.
- Each community is defined by its set of attributes which are unique across the country.
- The selection of the East Hartford community has been influenced by the desire to learn more about some its health needs.
- Also, the selection of this community has been influenced by the idea that East Hartford is made up of majorly the middle-aged people.
- Further, since the community is made up largely of a population aged between forty and fifty, it may exhibit various attributes which reflect on the health challenges faced on the day to day basis as they grow older.

The people analysis

- One of the major aspects that define a given community is the people.
- East Hartford is comprised of multiple types of people based on their cultural backgrounds, age and gender.
- It comprises of a population of 50,272, of which 27,874 are adults.
- 42% of the population- middle-aged adults.
- White-55.13%
- African Americans-26.49%
- Asian-3.63%

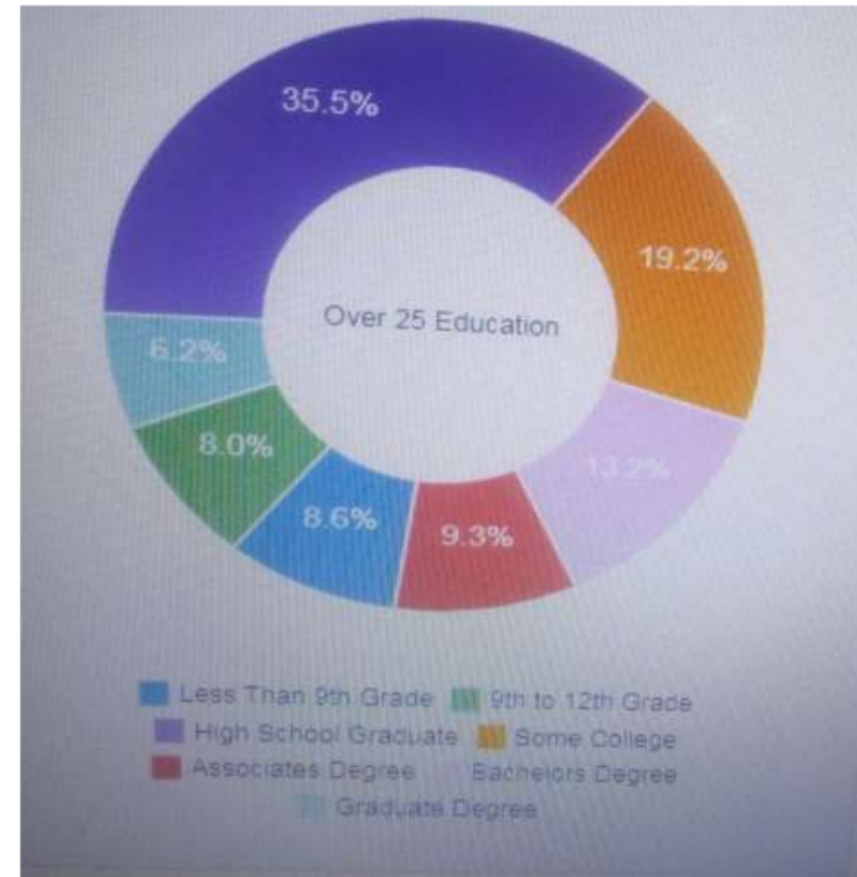


Geopolitical and finance

- As initially mentioned, the community is located in Hartford County.
- The area is estimated to be 18.0 square miles (World population Review, 2021).
- The community has a population density of 2,793.40 people per square miles.
- The community has a poverty rate of 15% with an average household income of \$73,828.
- The median house value is \$164,200 with a rental cost of \$1,032 monthly.

Education and ethnic issues

- East Hartford community comprise of people with different levels of education.
- A high population has attained high school education comprising of 35.5%.
- About 19.21%-college, 9.28%-associate degree, 13.21% bachelor degree and 6.17%-graduate degree.
- As initially mentioned, the community is largely made of the middle-aged citizens (World population Review, 2020).



Social interactions, determinants of health and major barriers

- Social interactions are defined by the abilities of the target community to maintain the desired levels of communication.
- This community comprise of different ethnic groups.
- 61.29% of the residents communicate in English only.
- 38.71% communicate other languages like Spanish.
- English is the common communication language.
- The community has a better chance of accessing health due to the witnessed income and level of education.
- Further, the area has about 28 care centres for every 1000 people making it easy to access health.
- Age is the main factor is the issues of access to health.

Summary: Funding

- Through this analysis, there are diverse factors which influenced the success achieved in the process.
- For instance, one of the main aspects which promoted the success of this project was the ability to gather the right resources.
- One of the main resources was finances.
- Finances were provided by the administration making it easy to access vital services and material for the analysis.
- It is worth noting that the project did not require a lot of finances and material other than the basic data collection equipment.

Summary: Partnership

- To gather the required data selection of right respondents is vital.
- The analysis is based on information collected from the public.
- However, when considering the social determinants of health, additional help from experts is necessary.
- Partnership between the nurse responsible and the healthcare providers in the selected community helped to document the right evidence according to the needs of the project.
- Partnerships between community members and healthcare providers counts at all times.

Summary



- One of the main issues that have been witnessed in the community hypertension among the middle-aged population.
- This population comprises of a large group of people involved in smoking, have life stresses, too much alcohol consumption and lack of physical activities as they age.
- The issues are major cause of hypertension affecting a large population in the community.
- The assessment is aimed at looking for solution to this health risks as this population gets to aged adult.

Main issue of concern

- From way back, the community has been facing diverse health challenges.
- Regardless of the increased number of health care facilities, the community continues to face challenges with lifestyle diseases especially hypertension (Heryana et al., 2020).
- The main reason for the occurrence of hypertension within the middle-age population is lifestyle.
- This population has limited mobility, poor diets while others have issues with families and work leading to stress and depression a cause of hypertension.

Discussion



- From the information above, it is important to note that the community is made up of a population that may require to awareness, education and care.
- Therefore, this assessment shows that age is a major health determinant.
- There are conditions which have been witnessed largely in the older populations as mobility becomes limited.
- Therefore, there is a need to create a reliable framework for handling the witnessed conditions concerning hypertension and increase awareness among this population.

General health analysis of the community

- Generally, the main outcomes of this analysis show that the community is made up of middle-aged citizens.
- Additionally, the age of the population is a primary factor which influences its health outcomes.
- In this context, the analysis of the major needs of the community is based on the desire to provide sufficient care to the older people.
- Through this analysis, the main outcome shows that the community is at a higher risk of suffering from hypertension in the future.

Conclusion

- Summing up, each community is defined by its respective attributes such as age and demographics among others.
- This presentation selected the case of East Hartford community.
- The selection of the community was informed by the idea that the area is made up largely of a population seeking a reliable healthcare that help to control and curb lifestyle diseases like hypertension.
- Through the analysis, major challenges encountered include reduced mobility and physical activities.
- Such trends may undermine the physical strength of the associated populations leading to complications and hypertension as the major problem in the case study.

References

- World population Review. (2020). East Hartford, Connecticut Population 2021. *World Population review*. Retrieved from <https://worldpopulationreview.com/us-cities/east-hartford-ct-population>
- Heryana, A., Mustikawati, I. S., Bkti, P. D., & Duri, I. D. (2020). Hypertension and Type 2 Diabetic Mellitus in the Middle-ages Persons.

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