The provided Excel workbook contains the average load data obtained from strain gauges installed on a bridge over the course of a year.

Values between 0 and 10 are considered normal, between 20 and 30 are elevated, between 30 and 40 are high and above 40 is considered an overload.

Write a VBA macro using loops to colour the cells as follows:

1. Normal = Green
2. Elevated = Yellow
3. High = Orange
4. Overload = Red

The script should also count and display the number of values in each category