

RPT Three Eighty

Creative Writing - Journal Assignment

Fourth Journal Assignment: **Intentional Play – 5 entries**

Journals are a great way to experience and reflect on the role of play in our life. Each journal assignment is an informal creative writing assignment. Journals can be hand written or type with informal grammar rules applying. With the journals you will be graded on engaging in the play topic, reflection and application skills from play to life...

Remember to not just tell me “WHAT” you did or think, but explain “SO WHAT” was important or relevant and “NOW WHAT” can you do with this new insight. Remember I am looking for you to FD = follow directions; WS = writing Style; CT = critical thought; IN = insight into you

This Journaling Assignment for 380 requires students to use their new found knowledge about the importance on play and integrate more play into their lives.
A paper copy is due at the beginning of class on Wednesday 12/6/2017

Description:

The purpose of this assignment is to allow you to use new knowledge about play and intentionally increase the amount of opportunities you have to access play. Over the next two weeks, beyond your normal routine, you are to try to add more play and be more playful. Be intentionally spontaneous, do it for its own sake and be around playful people.

Requirements:

Student will need to INTENTIONALLY ADD OPPORTUNITIES FOR PLAY IN THEIR EVERYDAY LIFE. These must be new and intentional play moments you are attempting. Over the next two weeks – you will need to capture 5 entries minimum were you tried to be full of play, they can be big or small attempts / successfully playful or not.

Each playful attempt you need to write about this opportunity and your entry should have:

- **The date and title for this attempt**
- **What did you do to add play into your routine?**
- **Why did you choose this? Were you successful or not?**
- **What did you see in this play experience that really connected to enhancing your wellness and relates what we have been talking about in class?**

Grading:

2 points for following directions
2 points for writing style
3 points for critical thought about play and assignment
3 points for insights through experience into learning

10 points total