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# Contribution of Art and Culture on Individuals Annotated Bibliography

Name

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**Contribution of Art and Culture on individuals Annotated Bibliography**

**Arbuz-Spatari, O. (2019). Art-Subject-Object in artistic and plastic creativity of pupils and students in art education. *Review of Artistic Education*, (17+ 18), 233-240.**

Arbuz-Spatari has explained how art is essential in enhancing creativity in students. The author argues that transforming higher education and ensuring educators are proficient is one of the foundations of raising creativity levels of the plastic art acquittances and skills. Furthermore, creativity is a process that necessitates several activities comprising creative thinking, rising attitudes, and specific skills in the art involved in the evaluation of some actuality in life. I have selected this source because it is currently published in 2019 and contains relevant information that will expand the scope of my topic in how art contributes to individuals' skills, attitudes, and creativity. The source helped my research understand the values of creative personality, including skills, abilities, knowledge, and attitudes. The journal is reliable because it is peer-reviewed from the review of artistic education. Also, the author does not state any form of bias, but there are logical arguments presented supported by evidence. There are no personal or partisan agenda, and since the journal is current, there is no effect on the value.

**Drass, J. M. (2016). Creating a culture of connection: A postmodern punk rock approach to art therapy. *Art Therapy*, *33*(3), 138-143.**

The article by Jessica Drass focuses on developing a cultural connection while using art therapy. Therefore, the author used the punk culture because she is an artist hence familiar with the experience and notion of creating a personal space in society. Drass argues that punk culture has encouraged people to develop their music and art as a component for the expedition of their legitimacy. Therefore, when linked together with the culture, it can be a tool for creating

connection and at the same time building resiliency and imparting hope to individuals. The source is critical in my research because it explains her experience in punk culture and art as well as how they have expanded art therapy. The author's experience will expand the scope of my topic in how art and culture contribute to individuals' life. The article was written and published in 2016, making it relevant because it is peer-reviewed and up to date. Therefore, the content presented is current to my topic. Also, the article has used evidence to support the claims used.

**Kaimal, G., & Arslanbek, A. (2020). Indigenous and Traditional Visual Artistic Practices: Implications for Art Therapy Clinical Practice and Research.** ***Frontiers in Psychology*****, *11*, 1320.**

Kaimal and Arslanbek have concentrated on reviewing traditional and indigenous visual arts practices in the therapy process. Therefore, the authors argue that skill is critical in improving individuals' quality of life in different ways. For instance, art promotes people's physical health and emotional well-being, making them appreciate what they have in life. The article is peer-reviewed and was written and published in 2020. Since it contains current data, it is vital to be used in my research because the content present is up to date. All the facts and figures used in the article are referenced to appreciate other authors' work. The paper will expand my topic because it explains how art contributes to individuals' life and wellness. While many people do not realize the contribution of art and culture, this article has used previous information to explain the implication of art in clinical practice. The authors confirm no conflict of interest in the research; nevertheless, there are limitations on the problem of mistrust because individuals concentrated in western methods to health and indigenous people appreciate interconnection to be critical to well-being.

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