

Assessment Task 3 - Reflection – Rubric /100 marks (This task is worth 20% of the marks for the Unit)

Assessment Criteria	Exemplary (HD)	Accomplished (D)	Sound (C)	Satisfactory (P)	Not Demonstrated (N)
Discuss the self-awareness audit skills, interests and values (Aligns to ULO6 and GL04), (25 marks)	- Comprehensively discusses and explains the career plan providing an insightful and detailed reflection of the self-awareness audits interests, skills and values using the what, so what and now what model. - The self-awareness audit summary page is included in the appendix.	- Logically discusses and explains the career plan providing a detailed reflection of the self-awareness audits interests, skills and values using the what, so what and now what model. - The self-awareness audit summary page is included in the appendix.	- Clearly lists and explains the career plan providing a reflection of the self-awareness audits interests, skills and values using the what, so what and now what model. - The self-awareness audit summary page is included in the appendix.	- Lists a career plain providing a reflection of the self-awareness audits interests, skills and values using the what, so what and now what model to reflect. - The self-awareness audit summary page is included in the appendix.	- Self-awareness audits incomplete and/or three values, skills and interests not identified. - Description of career plan not provided.
Describes one specific job description and how this is related to the skills, interests, and values obtained (Aligns to ULO6 and GL04), (25 marks)	- Comprehensively describes and explains why the specific job title was selected and provides a detailed and insightful reflection using the What, So what and Now what model how the job is related to the identified skills, interests and values. - A copy of the specific job description download from a search site such as INDEED or SEEK is attached in the appendix.	- Logically and clearly explains and describes, why the specific job title was selected and reflects using the What, So what and Now what model how the job is related to the identified skills, interests and values. - A copy of the specific job description download from a search site such as INDEED or SEEK is attached in the appendix.	- Clearly describes, why the specific job title was selected and reflects using the What, So what and Now what model how the job is related to the identified skills, interests and values. - A copy of the specific job description download from a search site such as INDEED or SEEK is attached in the appendix.	- Lists a selected job title and briefly reflects using the what, so what and now what model how this is specifically linked to the related interests, skills and values - A copy of the specific job description download from a search site such as INDEED or SEEK is attached in the appendix.	Job matching and description incomplete and there is no related link to the values, skills and interests obtained

A reflection as to how HSE113 content is relevant to the career and the self awareness audits and your direction forward (Aligns to ULO6, and GLO4) (25 Marks)	- Comprehensively and insightful reflection incorporating all aspects of the what, so what and now what model. The unit content as a whole, the skillset evaluation related to the self-awareness (interests, skills and values) and the clear direction forward for the future career plan included in the reflection. - A copy of the skills evaluation table is included in the appendix and is completed.	- A Logical, and detailed reflection is provided incorporating all aspects of the what, so what and now what model. The unit content as a whole, the skillset evaluation related to the self-awareness (interests, skills and values) and the clear direction forward for the future career plan is included in the reflection. - A copy of the skills evaluation table is included in the appendix and is completed.	- A clear reflection is provided incorporating all aspects of the what, so what and now what model. The unit content as a whole, the skillset evaluation related to the self-awareness (interests, skills and values) and the clear direction forward for the future career plan is included in the reflection. - A copy of the skills evaluation table is included in the appendix and is completed.	- A reflection is provided incorporating all aspects of the what, so what and now what model. The unit content as a whole, the skillset evaluation related to the self-awareness (interests, skills and values) and the clear direction forward for the future career plan is included in the reflection. - A copy of the skills evaluation table is included in the appendix and is completed	- Unclear or incomplete reflection with no attempt to link unit material, the career, self-awareness with the future direction. - The skillset evaluation table is not complete
Citations & referencing (Aligns to ULO5) (15 marks)	- Deakin Harvard referencing format used, with no or very minor errors in the in-text citation and reference list. - Each section is supported with a range of relevant independantly sourced peer reviewed literature.	- Deakin Harvard referencing format used, with minor errors in the in-text citation and reference list. - Each section is supported with a range of relevant independantly sourced peer reviewed literature.	- Deakin Harvard referencing format used, but the report has some errors in the in-text citation and/or reference list. - Each section is supported with a range of independantly sourced peer reviewed literature.	- Deakin Harvard referencing format used, but the report has major errors in the in-text citation and reference list. - Each section is supported with independantly sourced peer reviewed articles.	References are not formatted correctly or consistently, and peer reviewed sources are not used.
Presentation & communication (Aligns to ULO1, 3, 4 & 5) (5 marks)	- A very clear, logical, and concise structure and fluent written expression that enhances comprehension. - Adheres to all style requirements (ie. including all questions/ headings/ line spacing/ word count/ rubrics evaluation included etc.). - Free of spelling and grammatical errors.	- A clear logical structure and clear written expression. - Adheres to all style requirements (ie. including all questions/ headings/ line spacing/ word count/ rubrics evaluation included etc.). - Few spelling and grammatical errors.	- Clear structure and written expression. - Adheres to most style requirements (ie. including all questions/ headings/ line spacing/ word count/ rubrics evaluation included etc.). - Some spelling and grammatical errors.	- Has some structure and style. - Adheres to few style requirements (ie. including all questions/ headings/ line spacing/ word count/ rubrics evaluation included etc.). - Several problems with spelling and grammatical errors.	- The report does not adhere to the requirements as stated in the assessment task instructions and is incoherent. - No attempt to correct spelling or grammatical errors.