

Exercise 1: What Are My Course Performance Goals?

Instrument

Using the following scale, select the answer for each of the 12 statements that best expresses why you study for a course.

- 1 = Never
- 2 = Rarely
- 3 = Sometimes
- 4 = Often
- 5 = Always

I study because:

- | | | | | | |
|---|---|---|---|---|---|
| 1. I want to be praised by my professors and parents. | 1 | 2 | 3 | 4 | 5 |
| 2. I want to be noticed by my friends. | 1 | 2 | 3 | 4 | 5 |
| 3. I don't want my classmates to make fun of me. | 1 | 2 | 3 | 4 | 5 |
| 4. I don't want to be disliked by a professor. | 1 | 2 | 3 | 4 | 5 |
| 5. I want people to see how smart I am. | 1 | 2 | 3 | 4 | 5 |
| 6. I wish to get better grades than my peers. | 1 | 2 | 3 | 4 | 5 |
| 7. I want to get good grades. | 1 | 2 | 3 | 4 | 5 |
| 8. I want to be proud of getting good grades. | 1 | 2 | 3 | 4 | 5 |
| 9. I don't want to fail final exams. | 1 | 2 | 3 | 4 | 5 |
| 10. I wish to be admitted to graduate school. | 1 | 2 | 3 | 4 | 5 |
| 11. I want to get a good job in the future. | 1 | 2 | 3 | 4 | 5 |
| 12. I want to attain status in the future. | 1 | 2 | 3 | 4 | 5 |

Source: T. Hayamizu and B. Weiner, "A Test of Dweck's Model of Achievement Goals as Related to Perceptions of Ability," *Journal of Experimental Education*, vol. 59, 1991, pp. 226-34. Modified per C. Dupeyrat and E. V. Smith Jr., "Toward Establishing a Unified Metric for Performance and Learning Goal Orientations," *Journal of Applied Measurement*, vol. 2, no. 4, 2001, pp. 312-36.

Scoring Key

Total up the number of 4 and 5 responses. This will be between zero and 12.

Analysis and Interpretation

What drives you to study? What goals are you trying to achieve? This questionnaire measures goal orientation as related to your course work.

There are no "right" goals. But having clear goals can help you better understand your studying behavior. If you had no responses in the 4 or 5 categories, your course performance is likely to suffer because you have no strong reasons for studying. This suggests a need for you to reassess your goals and consider what you want from your course work. If you had a number of responses in the 4 or 5 categories, you appear to have specific goals that will motivate you to study and achieve high performance.

Questions:

- (1) Your score is: _____
- (2) Does your score describe you? Please explain.
- (3) Refer to Chapter I, "Vision & Mission." Think of "you" as an organization with resources. Then...
 - (a) Briefly state your vision for "you" (your long-term direction).
 - (b) Briefly summarize your mission for "you."