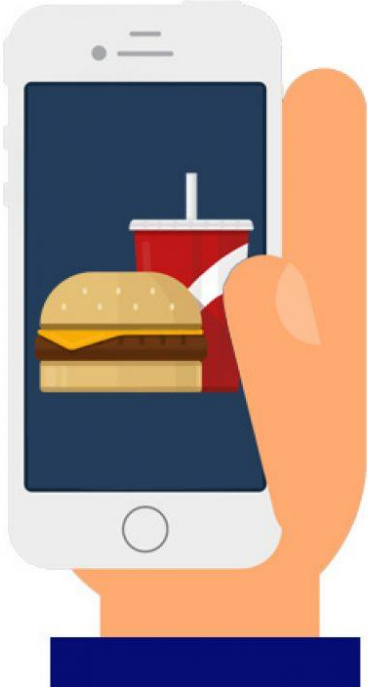


Editorial Assignment



Food Delivery App

A food delivery application is an online service that helps people make food orders, process the orders, and get the food delivered at their convenient zones (Kaur et al., 2021). The app makes it easier for a person to order his or her favorite meal. The app thus becomes suitable for the elderly and those living with disabilities.

Food Delivery Application is one of the convenient food delivery services. As Kaur et al. (2021) suggests, this online application has made it easier for many people to order any favorite food over the phone or just online. The multiple functions of the app make it convenient for the users to order and get the right food delivered to their comfort zones. Undeniably, the convenience of the app has seen the number of its users increase over the past decades. As such, I find this online application quite ideal for the elderly and those living with disabilities.

Right from the onset, I must admit that there exist divergent opinions opposing the suitability of the application to the vulnerable in society. Most individuals postulate that ordering food online for the elderly and those with disabilities contributes to major complications (Pavithra & Vidhya, 2019). In their arguments, they suggest that using an online app to order food makes people lazy and also renders them socially isolated. However, I would opine that such allegations have lesser weight. The elderly and those with disabilities are people who are termed as the vulnerable in society. As such, they have to be given thorough consideration.

First, the elderly and individuals with disabilities are supposed to be given maximum care. To begin with, the method of food delivery to such a group is important. Use online food delivery services serves better. Availing food through online services saves such a group the risk of getting infected with diseases (Pavithra & Vidhya, 2019). Taking, for instance, exposing a

vulnerable person to such infectious diseases like Covid-19 in pursuit of food becomes quite dangerous.

Similarly, providing food to this vulnerable group: the elderly and the disabled, does not show social isolation. However, the service serves a perfect role of making it convenient to bring food closure. It is a fact that this particular group of people requires special dieting and a scheduled time for every meal. The convenience of the food availability thus plays a critical role than any other thing. It is through proper feeding that instills the strength needed for socialization and communication. Therefore, food delivery stands out as a critical aspect.

Further, I strongly hold to the opinion that using an online application delivers food to the disabled and the elderly based on several reasons. First, the online platform makes it possible to deliver different types of food over time. As Pavithra & Vidhya (2019) argues, availing of different types of food makes it easier for the vulnerable group to enjoy the meal. For example, availing fruits alongside other foodstuff facilitates a better appetite that is ideal for one to enjoy and eat adequately. On the same note, it is important to realize that disabilities and old age comes with various complications that render the group with limited food choice. As such, availing of a variety of food at a convenient time boosts a person's appetite.

Secondly, the food delivery app serves as a better online platform for disabled people. More often, disability comes with a lot of challenges. Social stigma is a common issue for the disabled (Chatzitheochari & Platt, 2019). With stigma in place, people tend to have low self-esteem. Consequently, people begin to fear associating with other people. Therefore, the food delivery app comes in handy and makes it possible for the disabled to get every meal at their disposal.

Conversely, the use of food application services may be considered dangerous to the health of the elderly and the disabled. First, the quality of food may be relatively low. Also, some food staff may get cold before arriving. In that regard, the solution comes with upgrading the food delivery app to the level of regulating the number of nutrients in every food as well as regulation of food temperatures.

To wrap it all, food delivery app has brought more good than harm to many people. The app has made it possible to order and get the desired food. Again, many people, with a greater percentage going to the elderly and disabled people, have had the privilege to use the app to save all time and effort and enjoy food in their comfort zones. Moreover, despite the few shortcomings associated with this online service, I remain convinced that the current technological advancement will make the application better. The app will be robust for long-term success, thus benefitting a larger group, if not all.

References

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