

REVISED – MARCH 28, 2020

Revised content is highlighted in yellow

INTRODUCTORY PSYCHOLOGY

Essay on Psychological Disorders

GENERAL INSTRUCTIONS

You will write an essay on a psychological disorder. Choose one from your textbook in Chapter 11. Don't choose a group of disorder, for example, personality disorder or mood disorder, you need to pick a specific one from these groups. Here are some examples of psychological disorders.

- **Mood Disorders:** Major Depression, Bipolar disorder
- **Anxiety Disorders:** Generalized anxiety disorder, Panic Attack, Phobia (pick a type), Obsessive-Compulsive Disorder
- **Childhood/Adolescent Disorders:** Attention-Deficit/Hyperactivity Disorder (ADHD), Autistic Disorder, Pica, Enuresis, Tic Disorder, Communication Disorder (e.g. stuttering)
- **Dissociative Disorders:** Dissociative Amnesia, Dissociative Fugue, (~~Dissociative Identity Disorder (aka Multiple Personality Disorder)~~)
- **Sexual and Gender Identity Disorders:** Sexual Dysfunction, Paraphilias (pick one type; e.g. Voyeurism, fetishism, exhibitionism), Gender Identity Disorder
- **Personality Disorders:** Paranoid, Antisocial, ~~Borderline~~, Histrionic, Narcissistic, Avoidant, Dependent
- **Schizophrenia, Somatoform Disorders**

➔ I STRONGLY RECOMMEND THAT YOU MENTION YOUR TOPIC TO ME FOR APPROVAL BEFORE YOU START THE RESEARCH AND WRITING PROCESS

YOUR PAPER MUST INCLUDE THE FOLLOWING:

1. **COVER PAGE** (include your name, ID, title, course name, course section, and date).
2. **INTRODUCTION** (introductory statement of your topic, capture the reader's interest, include an overview of the main points to be discussed).

3. BODY OF THE PAPER

- a. What are the symptoms of this psychological disorder?
- b. What are the statistics or important information regarding this psychological disorder (e.g. frequency, gender ratio, ...etc.)?
- c. What are the possible causes of this psychological disorder?
- d. What are the possible treatments for this psychological disorder?

Note: The questions to answer in the body of the paper are listed to help you focus on content. DO NOT WRITE IN QUESTION-ANSWER FORMAT. USE ESSAY FORMAT.

4. **CONCLUSION** (summarize the main points of the paper, include personal reactions, comments, or reflections).
5. **REFERENCE PAGE** (list of 3 sources and material used in accurate **APA FORMAT 7th Edition**. consult Social Science Student Success Guide).

Note: A cover page (first page) and reference page (last page) are on separate pages from the body of the paper.

REQUIREMENTS

- ☐ **Length: 3 to 4 pages** ~ 750 words (not including Cover Page and Reference Page)
Note: Word Count in Word software is irrelevant for this essay.

☐ **Font ARIAL, size 12 pt**

☐ **Margins:** 1 inch (left, right, top, bottom)

☐ **Double-spaced** (and no extra spacing between paragraphs)

☐ Do not add lines or space before or after paragraphs

☐ Page Numbers (top right corner)

☐ Essay must be typed (typed on one side of the page only)

☐ **NO QUOTATION** (it will result in an **automatic failure**)

☐ Paraphrasing of research articles

☐ No Running Heads (with new APA 7th edition)

☐ NO Bullets (it must be all written in full sentences)

☐ APA style must be followed for in-text citations (i.e. parenthetical citations) and reference.

**I will not accept your essay if this requirement is NOT met;
thus resulting in a grade of 0%**

☐ Need 3 References ONLY (not more, not less, **EXACTLY 3 REFERENCES**)

- 2 Academic Research Articles
- 1 Book Source - You can pick any of following options.

✓ **Option A:** You can use your textbook as a Book source because your disorder is well explained within it.

✓ **Option B:** Ebooks in Vanier Library site under “Databases: Articles, Films, ebooks” – such as Gale ebooks and Ebsco (see last picture below)

✓ **Option C:** However, some disorders are not described/explained in lots of details and some disorders are not even mention in the textbook (it's an intro textbook). Last resort! Wikipedia. You can use Wikipedia as your book source. I am making a huge exception for this semester due to our current situation. Wikipedia is not a book, but it can serve our essay purpose. Make sure that you type in the actual disorder name. For example, you need to type “Major Depression Disorder”, not just Major Depression. The content should look like the picture below and include the DSM5 section.

- **DUE DATE & TIME:** This essay is worth 10% of your final grade. **The essay must be uploaded in LEA- Assignment by Tuesday, April 7 2020 before 11:59pm.**

DUE DATE & TIME

Failure to do so will be considered a late submission,
and thus incur late penalties.

- Section 07 (Tues – Fri) → **Tuesday, April 7, 2020 – before 11:59pm**

- **ESSAY SUBMISSION:** The essay (cover, essay & reference) must be upload in Lea-Assignments. The day and time of your essay being submitted in Lea-Assignment will be considered the official submission info.

→ **An essay submitted WITHOUT APA In-Text Citations will be refused for marking which will result in a Final Essay Mark of 0%.**

→

Submission Procedures: FOR THE ESSAY TO BE ACCEPTED AND MARKED

1. **Lea Submission** :You **must** upload your Essay (Word Document) in Lea-Assignments. The day and time of your Lea submission will be your official day and time submission.
2. **Turnitin Submission**: You also **must** upload the essay (cover, essay and reference). Codes in Box and Instructions are in Lea-Distributed Documents. Acceptable document format: .doc, .docx, or .rtf

REVISIONS:

- You will **not** give me a paper copy of your essay.
- You will **not** submit your 2 academic articles in Turnitin and Lea.

Late Submission: **A LATE PENALTY of 10% per late day** will be applied, INCLUDING weekends and holidays (submit your essay in LEA- Assignment section- it will determine the submission date. In addition, you must submit your essay in Turnitin.

- Essays submitted by LEA after **May 1, 2020** will **not** be accepted (Automatic failure, 0%).

Academic Research Articles:

- Newspaper, magazines, web pages (except Wikipedia) will **NOT** be allowed.
- You need research articles (usually author(s) are from Universities), these may be found in **EBSCO** database (go to Library, then Library Quick Search, then Article Databases. You will need passwords provided at the library in order to use from home. If you have problems, see your librarian for assistance.
- **I STRONGLY RECOMMEND THAT YOU SHOW ME YOUR ARTICLES IN ADVANCE, IN WHICH CASE I WILL TELL YOU IF THEY ARE ADMISSIBLE.**

You need to use these Vanier College Documents
 (Go to LEA- Distributed Documents)
SOCIAL SCIENCE STUDENT SUCCESS GUIDE
Chapter 6- Researching and Writing an Essay
APA STYLE CITATIONS AND REFERENCES

APA STYLE: 7th Edition

IN-TEXT CITATIONS

Every time you paraphrase (write in your words) information obtained from a source (book, articles, etc.), then **YOU must indicate** where this information was taken from by citing or stating the author's last name and publication year. **The APA uses the AUTHOR-DATE Citation system.** To learn how to paraphrase, consult the Student Success Guide

One or Two Authors → Last Author name(s) and publication year.

- **Narrative In-Text Citation**

Smith (2020) demonstrated a link between lung cancer and smoking.

Peters and Jones (2019) demonstrated a link between lung cancer and smoking.

- Note: Use “and” between the 2 authors in the sentence.

- **Parenthetical In-Text Citation**

A link between lung cancer and smoking was found in a double-blind study (Smith, 2020).

A link between lung cancer and smoking was found in Canada (Peters & Jones, 2019).

- Note: Use ampersand “&” between the 2 authors in parenthetical citations (i.e. inside parenthesis).

Three or more Authors → First author last name, add “et al.” for the remaining authors, publication year,

- **Narrative In-Text Citation**

Goulet et al. (2018) demonstrated a link between lung cancer and smoking in Canada.

- **Parenthetical In-Text Citation**

A link between lung cancer and smoking was found in Canada (Goulet et al., 2018).

Work by a Group Author → Use the full group name with acronym, and publication year.
Subsequent citations, use the acronym only with publication year.

- **Narrative In-Text Citation**

American Psychiatric Association (APA, 2018) has stipulated a wider definition for addiction disorders.

- **Parenthetical In-Text Citation**

Addiction disorders has a broader definition in the latest DSM-5 (American Psychiatric Association [APA], 2018).

➤ **WITH NARRATIVE IN-TEXT CITATIONS:**

Within a paragraph:

Same Author, Same Issue/Concept

- 1st use of a source, use Author-Date citation. For subsequent sentences, no need to restate Author-Date if it's obvious that you are still elaborating/explaining from the same source and same issue.

Smith (2020) found a link between lung cancer and smoking was found in a double-blind study. ... The methodology used was well controlled.

Same Author, Different Issue/Concept

- 1st use of a source, use Author-Date citation. For subsequent sentences, only use Author as citations if it's obvious that you are elaborating/explaining from the same source but different issue/concept.

Smith (2020) found a link between lung cancer and smoking was found in a double-blind study. Smith conducted further investigation on the influence of gender and smoking.

Across different paragraphs:

You need to restate Author-Date citation, if used in other paragraphs.

➤ **WITH PARENTHETICAL IN-TEXT CITATIONS:**

- **Always put the punctuation at the end of sentence.**

A link between lung cancer and smoking was found in Canada (Peters & Jones, 2019).

- With multiple citing of the same source, **always** use Author and Year inside of parenthesis.

Within a paragraph:

Same Author, Same Issue/Concept

- 1st use of a source, use Author-Date citation. For subsequent sentences, no need to restate Author-Date if it's obvious that you are still elaborating/explaining from the same source and same issue.

A link between lung cancer and smoking was found in a double-blind study (Smith, 2020). The methodology used was well controlled.

Same Author, Different Issue/Concept

- 1st use of a source, use Author-Date citation. For subsequent sentences, only use Author as citations if it's obvious that you are elaborating/explaining from the same source but different issue/concept.

A link between lung cancer and smoking was found in a double-blind study (Smith, 2020). Further investigation on the influence of gender and smoking (Smith, 2020).

Across different paragraphs:

You need to restate Author-Date citation, if used in other paragraphs.

REFERENCES

- On top center of page, type References
- Reference section is **ALL double-space**, and references must be alphabetically listed by the First Author's last name or by the title if there is no author.
- Be very attentive to punctuation.

BOOK

ONE AUTHOR → Book title must be italicized.

Smith, T. M. (2015). *The stress response: A modern guide for students* (2nd ed.).

Atheneum.

TWO OR MORE AUTHORS → Book title must be italicized, Must use the "&" symbol.

Moore, D. S., & Notz, I. N. (2016). *Statistics: Concepts and Controversies* (6th ed.). W.H.

Freeman and Company.

CHAPTER IN EDITED BOOK → Book with chapters written by different authors.

Lalonde, D. M., & Reis, M. (2018). Cyberaddiction. In A. M. Raposo & R. F. DiDonato

(Eds.), *Addiction Disorders: Concepts and Controversies* (2nd ed., pp. 28-65).

W.H. Freeman and Company.

JOURNAL ARTICLE

➤ **ONE AUTHOR → Journal title and volume number must be italicized,**

Goulet, M. A. (2019). Adaptive perceptive stress skills. *Journal of Clinical Psychology*,

19(5), 141-168. <https://doi.org/10.1177/00945125>

➤ **TWO OR MORE AUTHORS → Journal title and volume number must be italicized, Must use the and symbol (&).**

Goulet, M. A., Brunet, C., & Fowler, C. L. (2002). Positive coping mechanism: A student

perspective. *Journal of Psychology*, 4(2), 385-396.

Note: * If a source has no DOI or URL, that is fine, just treat it as a printed version.

* DOI number (Digital object identification)

For other types of sources, such as Edited books, encyclopedia, web, video, consult Chapter 7 of Social Science Student Success Guide (in Lea-Documents)

VIP: Only the Authors cited in essay must be included in the Reference.

Plagiarism:

- Plagiarism is a serious offense. If a student has submitted someone else's work, either fully or partially, each student involved will receive a grade of zero for his or her paper. Any form of cheating or plagiarism will result in a grade of zero on the test or assignment, and a letter from the teacher will be placed in your file. A repeated offence may lead to even more serious consequences. Please consult the Vanier Student Writing Guide, the Vanier College Catalogue, the Student Handbook and your teacher for more information.
- **Failure to include in-text citations** (parenthetical citations) when paraphrasing from a source (books or articles) is considered plagiarism. All material used for your paper must be included.
- Paraphrasing the research material means to explain it in **your OWN words**. Changing a few words with synonyms is considered plagiarism.

Librarians:

- You can ask the librarians to assist you with your EBSCO search or book search.
- Ebsco also has a learning tutorial, which may save you time in the long run.

DSM-5 Call number for Reference Book provided

NOTE: The author is the APA which is a Group Author (see above).

Diagnostic and statistical manual of mental disorders : DSM-5

by -- American Psychiatric Association

Publisher: Washington, D.C. : American Psychiatric Publishing, 2013

Ref RC 455.2 C4 D54 2013] (1)

EVALUATION CRITERIA

- **SUBMIT A COMPLETE ESSAY (COVER, ESSAY, REFERENCE, AND THE 2 ACADEMIC RESEARCH ARTICLES**
- **SUBMIT THE ELECTRONIC VERSION OF THE ESSAY IN TURNITIN**

OVERALL PRESENTATION:

- Appropriate length (**3 to 4 pages** ~ 750 words, not including cover and reference)
- Cover Page (structure & 7 elements required):
- Pagination (top right corner)
- Margins (1 inch.) / Arial Font (12 pt.) / Double Spacing

CONTENT:

- Complete information provided
- Topics treated in depth
- Paragraph structure (indentation, transitional words, adheres to a single idea)
- Organized logical and sequential writing (logical flow from topic to topic)
- Overall integration and synthesis of written material in a well-read, coherent essay
- Use of sources and parenthetical in-text citations (in **correct APA FORMAT 7th Edition**)

ORIGINALITY AND CREATIVITY:

- Style (formal writing style, expression of ideas)

WRITTEN COMMUNICATION:

- Grammar (spelling, verb form, punctuation)
- Syntax (sentence structure)

REFERENCES:

- List of all sources in alphabetical order and in correct **APA FORMAT** (number and quality of sources)