



Why Women Should Not Stay At Home; They Should Work

Gone are the days when women were required to stay at home while their male counterparts go to work. The modern day job market allows the participation of every one despite their gender or sex. Some time back, they could be confined at home doing nothing. Some time back, they could be confined at home doing nothing. Their husbands treat them as housewives. Men were the sole providers of the families. In the present world, some people still have the perception that women should be home dwellers. They believe that they should be allowed to stay at home doing nothing. However, in the 21st century, women perform similar roles that men perform. Some women have taken leadership positions that society previously believed to be men's responsibilities. Women engaging in work has various advantages to their emotional health and self-esteem, increases the level of family income, and also plays a major role in redefining and changing the role of women in the society.

Engaging in work will improve women's emotional health and self-esteem. Some people live with the notion that women should not be working individuals. Work will build emotional health and self-esteem in a woman. Jobless women are likely to encounter health challenges. They should be allowed to work as it will help in reducing life pressures. Exploring the world through working gives them exposure to the real world. Spending a lot of time in the house as a housewife may be too tiresome for them. Home affairs will stagnate their minds as they forget

about the world's happenings. They will lack enough information that other people experience as they interact with others in workplaces. In most cases, such women experience emotional issues. They mainly develop low self-esteem.

When women engage in work activities, their bond with their work and families increases, they engage in different roles, and they are physically and emotionally fit. The emotional health of such women is better. For example, they are psychologically capable of handling different situations and difficulties. Additionally, when women engage in work activities, they become emotionally able to manage various responsibilities and roles. According to the University of Michigan, working women are likely to reduce their stress levels as opposed to those who do not. The University has also noted that non-working women will likely develop such chronic complications as frustration and disillusion.

Being engaged in working activities also enhances self-esteem among women. Self-esteem dictates how a person evaluates their thoughts and communicates with other people. Through self-esteem, there is an achievement of integrity. Employment or women exposes them to various roles at the workplace and home. Work is an essential avenue for women to build diverse social networks as they interact with people of different kinds. On the other hand, unemployed women confine themselves in homes and have no opportunities to interact with various people.

Contemporary society is drastically changing gender roles for a better one. Helping the man perform some responsibilities at home will be helpful to the man because it will relieve him of some burdens that sometimes subject him to stress and emotional problems. Additionally, the breadwinning women develop a sense of pride and belongingness when they act as

breadwinners. They do not mind what other people say concerning them. Rather, they will take it as pride to perform duties that men can perform.

Some people argue that women should not work in the same capacity as men. They should not be the providers of the family when their husbands are available. In contemporary society, women do not work because they are passionate about working; they do so because of the ideologies they hold about themselves. They believe that they can fulfill their needs without men's help. Additionally, since women are obliged to look after children, they should not engage in work activities. Because of these other responsibilities, they should not work. They have to ensure they organize everything at home because they should manage their houses.

Whereas society finds it acceptable and having a woman as the breadwinner, issues are likely to arise from such marriages. The worst of such an issue may be the divorce of the two married partners. Most people have still clung to the traditional practices, despite being outdated. They do not want to go against the traditions of gender roles. For example, a man may have noted that his mother and other women might have stayed home during his childhood to nurse children and take care of the home house activities. For this reason, he might expect that his wife should do the same.

Additionally, people should honor traditions because they are part of our lives. The proponents of the traditions hold that man is the breadwinner. The contemporary society seeks to empower women, and the best way they believe is an avenue for empowerment is through performing roles that the society assumed are for men. Most women think that providing for their families is a simple task that anyone can engage in. However, this is not the case because it will only lead to their exhaustion. They will use their income to pay bills while at the same time

attending to home activities such as taking care of their children, cleaning, and cooking. Earning a lot of money is not always an end in itself. Some women wish that their husbands could make more to cater for all the bills. For this reason, they should perform lighter home activities that are less demanding.

However, defending that women should work in the same capacity as men do not count in contemporary society. As the saying goes, the end justifies the means; the process and efforts do not count towards the result. The outcome is the most crucial aspect that we should be concerned with. For this reason, it means no harm to have women as the breadwinners for their families. In modern society, the notion that the man is the sole provider in the family has subjected their entire family to problems that they cannot efficiently survive. Most men have become irresponsible, and women have to perform their husbands' duties to make ends meet. Whereas some of them earn as they use the money for alcohol, others do not cater to the needs of their families. For this reason, the solution is to have women take up the responsibilities and assume the duties of their husbands. Also, we are in the 21st century characterized by non-gender-based roles. Furthermore, a man can be left with a child to look after them as the mother perform other activities, such as cooking. This will help eliminate the mindset among men and women concerning gender roles. Also, women are currently depending on their wealth to pay for the nursing of their kids. For this reason, the women can engage in other productive activities that are presumed to belong to men.

Also, despite that divorce is an issue that should be addressed with a lot of concern, it is not a family issue that solely depends on gender roles. Research shows that adherence to the traditional way of living may negatively affect modern lives. Things are changing, and there is a

need for society to change with them. They are clinging to the traditional beliefs that men should not allow women to work will only lead to poverty. Women are equally able to perform men's roles with ease, mainly because of the lazy nature of men in modern society.

In conclusion, there is a need for society to treat women with respect and dignity. The notion of viewing them as housewives is outdated, and it is not effective in contemporary society. Women should be free to engage in activities unrelated to home to impact society positively. In the United States, there is a gradual increase in working women every year. They can achieve all that men can achieve. For this reason, there is a need for society to empower women and encourage them to engage in work activities.

Works Cited

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