

**INDIANA STATE UNIVERSITY
APPLIED HEALTH SCIENCES
AHS 491: Health Sciences Internship**

Internship Final Project 100 pts

- Complexity: 25 pts
- Leadership and independence in completing project: 25 pts
- Relevance to health field: 25 pts
- Summary: 25 pts

The internship project is an opportunity for student to develop and implement a project of their choosing. The project is unique for each internship so therefore will differ depending on student creativity and supervisor input. Ideas for projects include, but ARE NOT LIMITED TO:

- Developing a health promotion program for the internship target population
- Implementing an on-site health or wellness program for employees
- Developing a new manual or operation guide for the internship site
- Creating group activities for the internship site clients or patients that address a specific need of that population
- Analyzing existing data at the internship site to extract and report on key variables unique to the internship site
- Gathering key documents and/or data related to an internship site receiving accreditation or compliance certifications
- Revising, updating, and expanding existing internship site manuals
- Conducting art or craft sessions for internship site clients/patients to improve mental, social, or spiritual dimensions of health
- Designing a process or system that keeps track of volunteer and/or employee work related to health outcomes
- Developing a webinar to be used by the internship site to promote their services or products
- Revising and updating an internship website
- Creating and implementing Facebook or Twitter pages for the internship site as it relates to health outcomes
- Developing behavior plans for clients or patients to improve mental or physical health
- Improve patient sign in or reporting procedures to improve patient satisfaction
- Complete a needs assessment for a specific target population critical to the internship site mission and goals
- Develop, compose, and evaluate surveys for the internship site based on need
- Conduct a needs assessment specific to developing a marketing plan for the internship site that will increase awareness of the site's services and products

PROJECT SUMMARY (Will be graded on these aspects)

At the end of the internship, students will submit a project summary that explains the project and provides detailed information on the project implementation and outcomes. To adequately explain this information, the project summary should be a minimum of two double spaced pages,

not to exceed three pages. You are encouraged to attach photos, surveys, and other information pertinent to the project. Supplementary information is not included in your total page count (e.g., a half page survey is not part of your two pages).

Following are some of the items you should address, although this is not inclusive or limiting. (In other words, you may need to add more depending on your project.)

- A clear explanation of what your project entailed
- The duration of the project: use specific start and end dates
- Your responsibilities for the project in terms of developing, implementing, and evaluating the project
- The outcomes of the project
 - How many people were involved?
 - How many individuals did the project impact? How do you know this?
 - Did you collect any statistical data related to the project? If yes, what did you collect and what were the results? If no, why did you not collect data for evaluation?
 - What type feedback did you receive from participants?
- What did you learn from completing the project? **Be specific.**
- What would you change about the project if you had to do it over? (Provide specific details of what and how you would change project aspects.)
- What were the participant's reactions to the project?
- What was your supervisor's reaction to the project? What type feedback did they provide concerning your project?

Paper format (Subject to 1-15 points in deductions if not followed)

- Contains a title page **and** a minimum of two typed explanatory pages (not to exceed three pages)
- Double spaced, 12 point type Times Roman or Calibri
- One inch margins top, bottom, and both sides
- Written without bullet points
- Uses appropriate sentence structure, grammar, and spelling
- No manual or imbedded extra spaces between paragraphs (Under "paragraph" on the format page, make sure "Don't add space between paragraphs of the same style" is checked and that your "before" and "after" paragraph spacing is set to zero. See below.)

