

NURS 662 A Case Study Joey

Joey is a four-year-old Hispanic boy brought in by his mother for a well-child examination. His mother reports that he is in good health and has a good appetite. She is pleased that he loves vegetables and proudly states that he is a whiz on the computer. Joey's BMI is >95 percentile. On exam, you note that Joey has multiple caries.

1. Describe how genetic inheritance and environmental factors affect obesity in younger children.
2. Describe the common clinical manifestations and comorbidities associated with pediatric obesity.
3. What information and/or diagnostic testing will help you determine if there is a physical etiology?
4. Assuming there is not a genetic component to Joey's obesity, apply physical activity and nutritional management guidelines for managing Joey's obesity. Consider culture, development, nutrition, physical activity, and behavioral approaches in your treatment plan.