

What to write about? You may try more than one. But ultimately you'll only submit one.

1. People, young and old, often feel pressured by family and community to adopt certain values, beliefs, or traditions.
  2. Write about an incident when you had to do something important for your mother or other caregiver. What was the situation? How did you help? How did you feel about helping someone who normally helped you?
  3. Lynda Barry writes about a time in her childhood when she was “filled with a panic . . . like the panic that strikes kids when they realize they are lost.” Write about a time during your childhood when you were filled with an overwhelming emotion. What did you learn?
  4. Write about an incident of play in your childhood. What did you learn?
  5. Write about an emergency that brought out the worst in you.
  6. Write about your first date—and perhaps last.
  7. Write about an unpleasant confrontation.
  8. Write about a family outing with an unexpected outcome.
  9. Write about something you did that you wish you could undo.
- \* a signal phrase of time to start the event. Our models use certain words or signal phrases in their narratives.