

- I. Intro Paragraph
 - A. Hook: verbatim
 - B. Context
 1. Outline key points
 2. A brief summary?
 - C. Thesis statement: verbatim
- II. Body 1: General Topic
 - A. **Topic Sentence:** *While the first two parts of Bourdain's book seem to move in an upwards trajectory, the "Third Course" acts as a sobering, somewhat anti-climactic moment in the text. At the midpoint of Bourdain's narrative--where most others might reach the "high-point," Bourdain is at all-time low.*
 1. **Evidence:** *"It is one of the central ironies of my career that as soon as I got off heroin, things started getting really bad" (Bourdain 144).*
 - a) **Analysis:** General idea I want to get at is: Address key points here, then develop below.
 - (1) Specific Point 1: drugs were hard on him in industry, talk about how drugs coincide with increase in money and career
 - (2) Point 2: Bourdain is aware of how ironic his failings/successes were--why does he use this in the middle of the book? Answer:
 - (3) Point 3: Do not write out full sentences, here. Just clear notes!
 2. Evidence 2 (maybe): "Something had to change. I had to get it together. I'd been the culinary equivalent of the Flying Dutchman too long, living a half-life with no future in mind, just oozing from sensation to sensation. I was a disgrace, a disappointment to friends and family and myself, and the drugs and the booze no longer chased that disappointment away" (152).
 - a) Analysis: Second key point (maybe make a connection to previous evidence)
 - (1) Point 1: Remember that your evidence can be long in the outline (provide yourself with full quote(s) and citation information).
 - (2) Point 2: Highlight or underline what, in particular, you'll use.
 - (3) Connect: Remember, quotes should not be long. Three lines or less is the rule. Try to practice *connecting* evidence.
 - B. Concluding Sentence: verbatim
- III. Body Paragraph 2, 3, etc. (repeat as above)
- IV. Conclusion

- A. Revisit thesis statement: avoid repeating thesis statement. See how you're able to restate without sounding redundant.
- B. Summary of points covered in the essay
 - 1. Here, you will address the points you made in the body paragraphs of the essay, not the context you set up in the introduction paragraph.
- C. Concluding statement
 - 1. Similar to the concluding sentences in the body paragraphs, this sentence should wrap up your essay *and* leave space for the reader to respond.