PICOT

Breakdown of the PICOT Research Question Format

001.

Definition

PICOT MEANS...

P - Patient or problem to be addressed
I - Exposure, treatment, or test(s) to be considered
C - Control or comparison intervention
O - Outcome of interest
T - What is the time frame

002.

How to Form a Question

PLAN YOUR QUESTION USING WORDS SUCH AS...

P - In
I - how does
C - compared with
O- affect
T - from

003.

Example

ADD YOUR TOPIC CONTENT

P - In reproductively abled women,
I - how do combination estrogen-progrestin OCPs
C - compared with progestin-only OCPs
O - affect pregnancy prevention rates
T - from 2010 to 2015?

VENNGAGE