

LABOR & DELIVERY

DAILY TASK LIST

- Get RN assignment/check whiteboard in unit for patient status
- Listen to report
- Go with RN to patient's room to meet patient (GEL IN/GEL OUT OF EVERY ROOM)
- Review chart as time allows
 - check patient's PRENATAL RECORDS (under "History" tab)
 - read the Nursing Admission Assessment sheet
 - BE SURE YOU KNOW:
 - Patient's Gravida/Para, obstetrical history, EDC of current pregnancy/gestational age of fetus
 - Prenatal lab values: H & H, Blood ABO type and RH, Antibody Screen, RPR/VDRL, Rubella titer, Hepatitis B Surface Antigen, HIV, Chlamydia, Gonorrhea, Group Beta Strep (GBS), P1PPt, WBC, ~~HS~~ ^{plt}, CBC. *I took a picture*
 - PN testing results: ultrasound, amniocentesis, AFP
 - Allergies
 - Ask RN or Ms. Orel to access lab results in Meditech system
 - Check MD orders
- Patient Assessment:
 - VS, Temperature q 2 hours if ruptured, headache, nausea, deep tendon (patellar) reflexes
 - Pain assessment—USE PAIN SCALE. Any pain medications/epidural already given? Plans for pain meds during labor?
 - Current vaginal exam (stage of labor) and status of membranes (ruptured: AROM/SROM, presence of meconium or foul odor), bloody show
 - Assessment of Fetal Heart Rate tracing and toco
 - Palpation of fundus before, during, and after contraction and assessing intensity of contractions
 - IV status, current IV solution/rate and medications being given.
- Procedures:
 - Apply fetal monitor and toco. With assigned RN or Ms Orel, attempt Leopold's maneuver.
 - IV start and initial labs (CBC and Hold Clot), CALL MS. OREL TO SUPERVISE.
 - Foley catheter (most common right after epidural). REVIEW procedure and donning sterile gloves in Fundamentals book. CALL MS. OREL TO SUPERVISE.
- Research ordered medications/treatments. Common L&D medications:
 - Pitocin/oxytocin, Cervadil/Cytotec, Magnesium sulfate, Ampicillin, Stadol, Nubain, Terbutaline, Betamethasone, Hydralazine, Nifedipine, Labetalol, Indocin, Zofran, Narcan, Methergine, Hemabate, Xylocaine 1%, Duramorph, Marcaine, Ropivacaine, Fentanyl, Morphine, Ephedrine, Vitamin K & Erythromycin ointment for newborn.
- Plan care for your one focus patient (Clinical Prep Guide) to hand in at post conference.

IV pt
11/10-L&D
11/17=NICU
12/15= post
partum
12/22= non-
stress
test

for care
plan