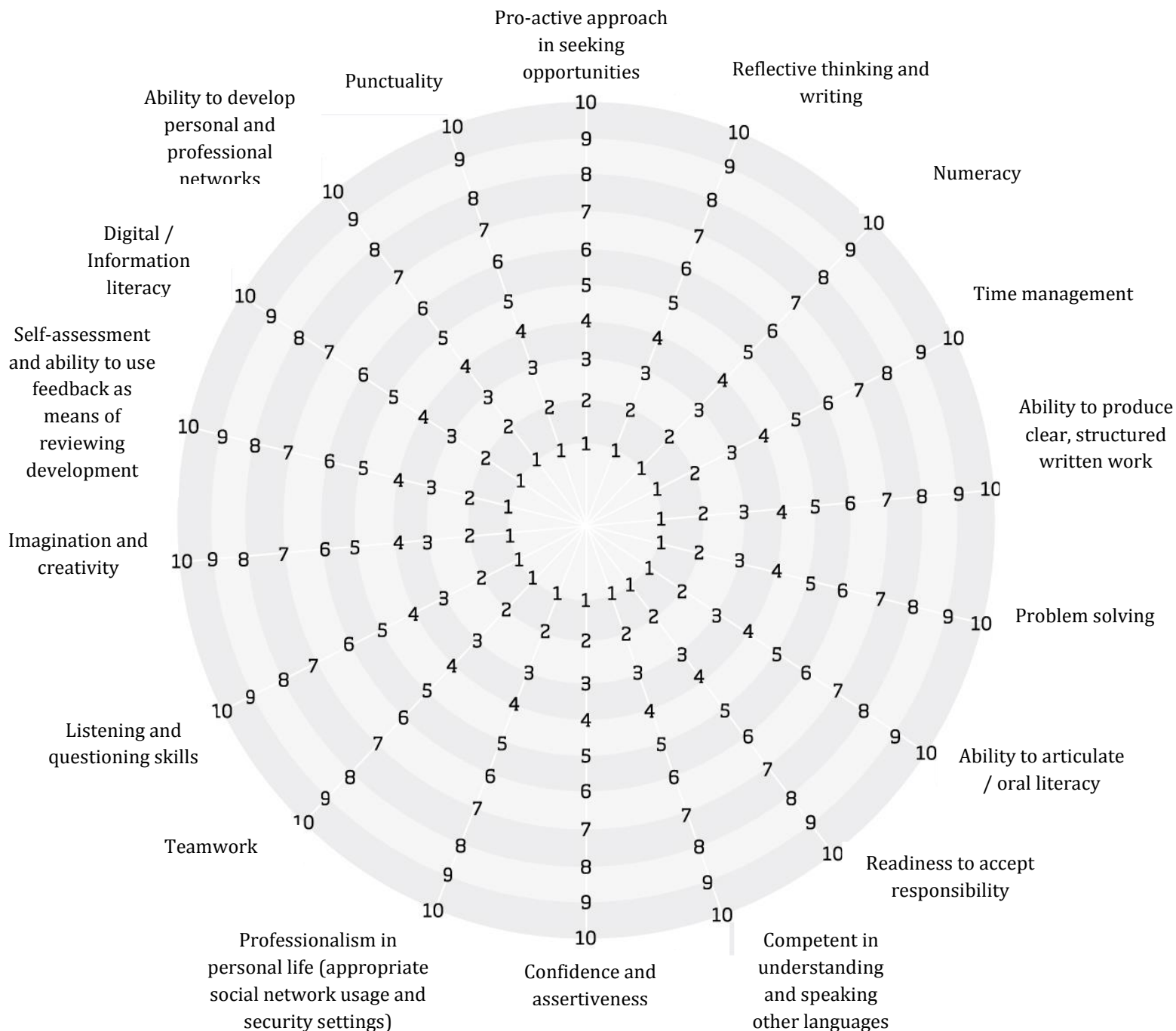


## Your Skills Wheel

This activity will help you to identify how competent you are and what skills you need to work on.



### Instructions

Score each skill area by circling the number

- A score of 10 means you are very satisfied with your competency in this skill area
- A score of 5 means you think there is room for improvement
- A score of 1 means you have not developed the skill at all
- When you have finished link the numbers together by drawing a line from one to the next.
- **How wobbly is your wheel? Where are your strengths and where are you weaknesses?**

