

Activities You Spend your time on	Hours	Ideal time
Hiking	10.00	8.00
Swimming	10.00	12.00
Skating	7.00	5.00
Cycling	5.00	7.00
Driving	14.00	12.00
reading	2.00	14.00
Coding	32.00	30.00
Surfing	7.00	9.00
Dancing	7.00	5.00
Cooking	15.00	8.00
Sleeping	35.00	33.00
Travelling	10.00	12.00
Work Out	14.00	13.00
Total Hrs	<u>168.00</u>	<u>168.00</u>

