

STUDENT NAME _____

DEVELOPMENTAL STAGE _____ REVIEW MODULE CHAPTER

1- Toddler**Expected Growth and Development****Physical Development**

- Increases in Motor Skills, such as scribbling, stacking blocks, using a spoon, and drinking from a cup as well as, temper tantrums
- Self-Feeding

Cognitive Development

- Recognize self in the mirror
 - Play for longer periods of time
 - Often says 'no' to bedtime and other requests
 - Enjoy dancing to music
 - Feel proud when doing things independently
 - Enjoy messy activities
 - Be willing to release toy to her parent
- Give hugs and

Psychological Development

- walking up stairs and maybe walking backwards
- squatting and standing without using hands
- kicking a ball and throwing over arm
- saying 50 or more recognizable words and understanding more
- joining in some nursery rhymes
- clinging tightly in affection, fear or fatigue
- throwing temper tantrums when frustrated
- starting to develop an imagination.

Age Appropriate Activities

- This is a blast! And a way to get the kids to clean, with dish soap foam.
- Cook up some spaghetti (or even better, use leftovers), add some color to it to make spaghetti potion.
- A slimy gel bag is a squishy sensory delight for toddlers!
- Just flour. Let your toddler explore flour freely.
- Add water to the flour and put in a baggy for some flour & water piping.

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Expected Growth and Development

Immunization

Health Screening

- Obesity
- Diabetes
- High cholesterol
- Lead poisoning
- Tuberculosis

Nutrition

- **Food Group**
- Grains
- Vegetables
- Fruits
- Milk
- Meat & Beans

Injury Prevention

- Firearm
- Hazards
- Poisonings
- Falls
- Burns
- Drowning
- Car Safety

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