

Working with Individuals and Families Case Study Program Transcript

PARETH LING: It's about my mother. I was able to have her come in, but she said she only would if I would translate for her. She has been complaining of headaches and having difficulty sleeping. I also think that she has been having nightmares.

My mother came to New Harbor as a refugee from Cambodia. As a child, her mother, father, and seven brothers and sisters were murdered. She saw a Cambodian therapist in the past who told her that she may be suffering from post-traumatic stress disorder. I was able to convince her to come to you, but she is resistant to seeing a licensed therapist or counselor.