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Major depressive disorder

From Wikipedia, the free encyclopedia

For other types of depression, see [Mood disorder](#).
Not to be confused with [Depression \(mood\)](#).

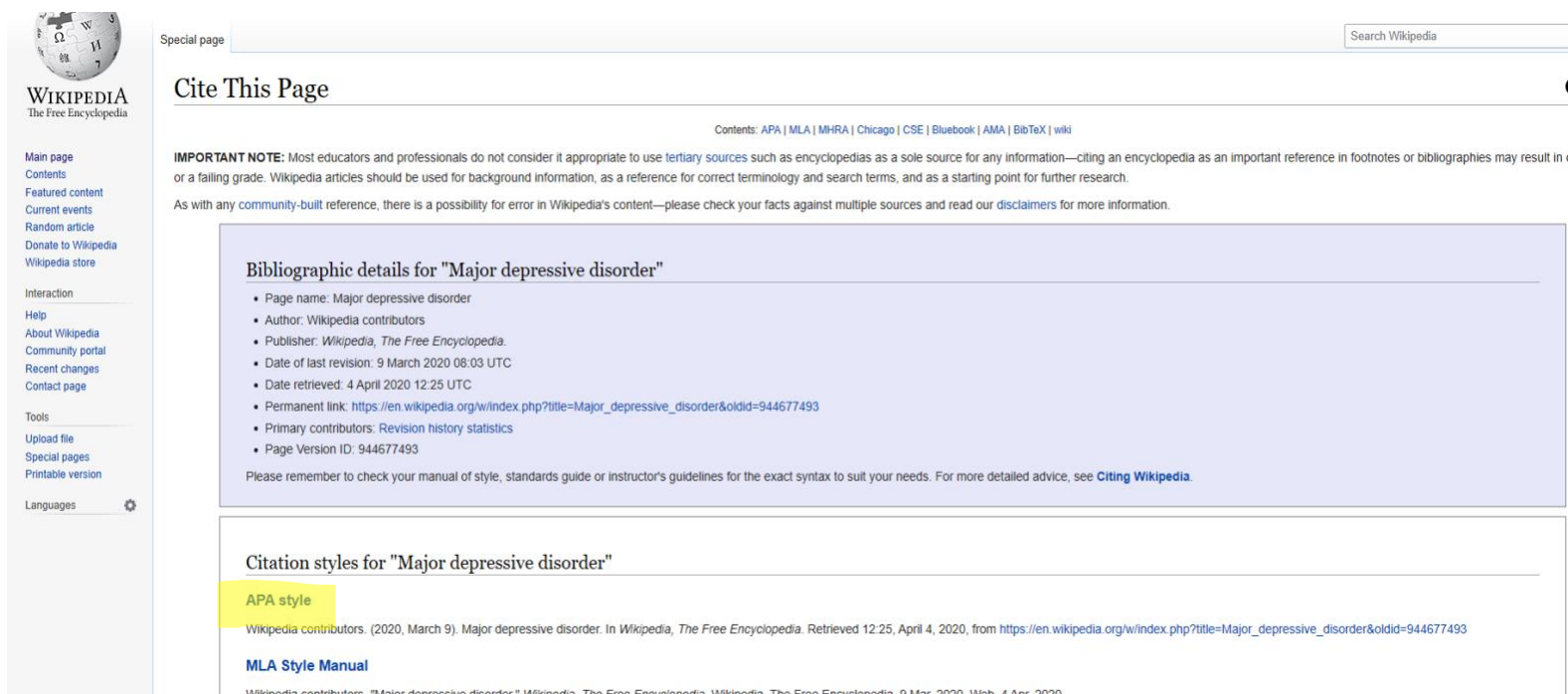
Major depressive disorder (MDD), also known simply as **depression**, is a [mental disorder](#) characterized by at least two weeks of [low mood](#) th across most situations.^[1] It is often accompanied by low [self-esteem](#), [loss of interest](#) in normally enjoyable activities, low energy, and [pain](#) witho cause.^[1] Those affected may also occasionally have [false beliefs](#) or [see or hear things that others cannot](#).^[1] Some people have [periods of depr](#) separated by years in which they are normal, while others nearly always have symptoms present.^[3] Major depressive disorder can negatively al person's personal life, work life, or education as well as sleeping, eating habits, and general health.^{[1][3]} About 2–8% of adults with major depres suicide,^{[2][7]} and about 50% of people who die by suicide had depression or another [mood disorder](#).^[8]

The cause is believed to be a combination of [genetic](#), environmental, and psychological factors.^[1] Risk factors include a [family history](#) of the cor life changes, certain medications, [chronic health problems](#), and [substance abuse](#).^{[1][3]} About 40% of the risk appears to be related to genetics.^[3] diagnosis of major depressive disorder is based on the person's reported experiences and a [mental status examination](#).^[9] There is no laborator disorder.^[3] Testing, however, may be done to rule out physical conditions that can cause similar symptoms.^[9] Major depression is more severe ; longer than [sadness](#), which is a normal part of life.^[3] Since 2016, the [United States Preventive Services Task Force](#) (USPSTF) has recommend for depression among those over the age 12,^{[10][11]} while a 2005 [Cochrane review](#) found that the routine use of screening questionnaires has litt detection or treatment.^[12]

Those with major depressive disorder are typically treated with [counseling](#) and [antidepressant medication](#).^[1] Medication appears to be effective, effect may only be significant in the most severely depressed.^{[13][14]} It is unclear whether medications affect the risk of suicide.^[15] Types of cour include [cognitive behavioral therapy](#) (CBT) and [interpersonal therapy](#).^{[1][16]} If other measures are not effective, [electroconvulsive therapy](#) (ECT) considered.^[1] Hospitalization may be necessary in cases with a risk of harm to self and may occasionally occur [against a person's wishes](#).^[17]

Major depressive disorder affected approximately 216 million people (3% of the world's population) in 2015.^[6] The percentage of people who ar one point in their life varies from 7% in Japan to 21% in France.^[4] Lifetime rates are higher in the [developed world](#) (15%) compared to the [devel](#) (11%).^[4] The disorder causes the second-most [years lived with disability](#), after [lower back pain](#).^[18] The most common time of onset is in a persc 30s.^{[3][4]} Females are affected about twice as often as males.^{[3][4]} The [American Psychiatric Association](#) added "major depressive disorder" to th [and Statistical Manual of Mental Disorders](#) (DSM-III) in 1980.^[19] It was a split of the previous [depressive neurosis](#) in the DSM-II, which also enc the conditions now known as [dysthymia](#) and [adjustment disorder with depressed mood](#).^[19] Those currently or previously affected may be [stigma](#)

Step 2 – Use the APA citation → Don't forget, Double space, with indent starting on second line of text, hyperlink has to be removed , no page or paragraph needed (it's optional)



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