

jh
by Hj Hj

Submission date: 18-May-2020 12:44PM (UTC+0300)

Submission ID: 1326913152

File name: Diagnosis_and_Treatment.edited.edited.docx (19.57K)

Word count: 312

Character count: 1607

Diagnosis and Treatment of Shingles

Student's Name

Instructor's Name

Date

Diagnosis and Treatment of Shingles

One of the conditions that should be considered as a possible diagnosis is erythema multiforme or shingles based on the woman's description and how the rash appears. Additional information would be the symptoms she has been experiencing before the rash developed and after the development of the rash. The condition the woman is experiencing is Shingles. It is a viral infection that produces a painful rash and can transpire in any parts of the body. Normally, it usually emerges as a single strip full of blisters hence the pain (Nazarko, 2019). I would ask the patient when the rash started appearing, how long it has lasted and if she experienced any symptoms.

Besides, I would ask if she has tried to treat the rash with over the counter medicine. Also, I would enquire from her if she ever had chickenpox since shingles are caused by the virus that causes chickenpox. Because shingles have no cure since it is a viral infection, the best prescription I would give her is using antiviral drugs such as Valacyclovir which will help in speeding up the healing process. Additionally, then recommend some pain medications that will help ease the pain associated with shingles and a cream that will relieve the itchiness (Nazarko, 2019). I would recommend the patient to pay a visit in case they are experiencing any problem with the treatment, for instance, if they get an allergic reaction from the prescribed medication. Furthermore, the other members of the family should consider being vaccinated as it helps prevent one from contracting illnesses like chickenpox or polio since it helps to build the natural immunity of the body.

¹
Reference

Nazarko, L. (2019). Diagnosis, treatment and prevention of shingles: the role of the healthcare assistant. *British Journal of Healthcare Assistants*, 13(1), 20-25.

ORIGINALITY REPORT

7%

SIMILARITY INDEX

7%

INTERNET SOURCES

0%

PUBLICATIONS

7%

STUDENT PAPERS

PRIMARY SOURCES

1

Submitted to Barry University

Student Paper

7%

Exclude quotes Off

Exclude bibliography Off

Exclude matches Off