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Drug Addiction

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Drug Addiction

A Star Is Born Movie

The movie was released in 2018 and featured Jackson Maine, and Ally as the main characters. Both Jackson and Ally have their struggles and handles them through one another. Also, the movie indicates how Jackson is struggling with addiction, and Ally navigates through fame.

Ambrose, D. (2021). Strengthening the Moral-Ethical Capacities of the Gifted and Talented in Turbulent, 21st-Century Conditions. In *Talent Development in Gifted Education* (pp. 41-56). Routledge.

The majority of the gifted and talented individuals cannot deal with the pressures in their careers to seek happiness, power and fame. Therefore, Ambrose (2021) explained some of the 21st-century challenges pushing talented and gifted individuals towards high socioeconomic anguish. Talented individuals can have high performance in their work and careers; however, they need to exploit the unparalleled chances resulting in increased success and fulfilment. Although every person deserves to live a happy life that will give them a sense of purpose, most gifted and talented individuals face significant challenges, including substance abuse that affects them psychologically and emotionally. These effects extend to the people around them as well as their relationships. Finally, the book offers a big picture, an interdisciplinary outline of the socioeconomic, technology and cultural challenges stating several ways they can concurrently overpower and misrepresent the detection of ambitions and growth of talents.

Heather, N., & Segal, G. (Eds.). (2017). *Addiction and choice: rethinking the relationship*. Oxford University Press.

The book addiction and choice explain the challenges that define addiction and also evaluates significant places in the literature on vital forms of addiction and how they appear. Individuals are addicted to a specific behavior when they have shown frequent and ongoing failures to stop doing, using or drastically decreasing the behavior regardless of preceding determinations to evade it from the varying ecosystem and individual situations. Addiction occurs in different ways; for example, behavior addiction occurs because of individuals acts, including gambling disorder and internet gaming. On the other hand, substance addiction is what comprises drugs such as alcohol. Nevertheless, the authors claim that behavioral addiction is regarded as real addiction because its symptoms are similar to substance addiction based on withdrawal, tolerance and loss of control. Similarly, the book explains the effects of alcohol addiction because it fails to accomplish significant responsibilities at work, having increased social or interpersonal issues, and making the victim not get involved in important social and recreational activities.

Pecen, E., Collins, D. J., & MacNamara, Á. (2018). "It's your problem. Deal with it."

Performers' experiences of psychological challenges in music. *Frontiers in psychology*, 8, 2374.

The article focuses on musicians' experiences and psychological problems in their music careers. Musicians are required to handle several challenges along their growth career to maintain their performance. Nevertheless, social support from their colleagues and trainers is recognized as part of handling the problems; however, little information is present concerning the musicians' beliefs and attitudes towards support. The authors intended to examine the musician's past experiences of psychological problems and the method of support. Qualitative methodology was used in the study to prompt valuable results rather than obtain a precise

indication of reality. Also, semi-structured interviews were used to collect data from the performers and then analyzed using inductive content analysis. The results obtained from the analysis was divided into four, including the challenges, coping methods, preference for support and beliefs. Several challenges were identified, including bad teachers, psychological such as using alcohol and other drugs and environmental. Although there were various coping methods, some were negative, such as substance use, including alcohol use. Most musicians use alcohol to handle the performance pressure, which is a flawed coping strategy.

Schwabe, L., Dickinson, A., & Wolf, O. T. (2011). Stress, habits, and drug addiction: a psychoneuroendocrinological perspective. *Experimental and clinical psychopharmacology*, 19(1), 53.

Schwabe et al. (2011) concentrated on stress, habits and drug addiction. Stress plays a substantial role in making individuals start to take drugs and finally becoming addicts. Similarly, the reasoning procedure elaborate on the impacts of anxiety on addictive behavior is not immensely explored. Therefore, Schwabe et al. (2011) focused on reviewing several pieces of literature to explore the topic. They projected that stress-induced variations in the neural circuits that manage contributory activity offer a possible way by which tension disturbs the growth of dependence and decline susceptibility.

Moreover, contributory activities can be managed by two structurally different systems, including the goal-driven scheme, which comprises learning the connection between the activities and consequences, and the habit scheme that acquires inducement reply link. The authors found that pressure and other associated hormones can trigger the change from objective-driven to routine activity. Therefore, drug addiction is a significant burden to addicted people, their loved ones and all individuals around them.

Wise, R. A., & Koob, G. F. (2014). The development and maintenance of drug addiction. *Neuropsychopharmacology*, 39(2), 254-262.

Wise & Koob (2013) explained the growth and preservation of drug habits. Therefore, the author explored the topic by evaluating the forms of reinforcement. Although positive reinforcement is instinctively associated with drug-encouraged euphoria, adverse reinforcement is related to pain improvement. The two reinforcement forms have conquered addiction theory. Nevertheless, all forms agree that addiction starts with the development of habits done by positive support and that drug-conflicting physiological reaction usually creates the state for adverse support to appear when tolerance in the way of enhancing reward verge is seen to progress into positive support. Therefore, it is concluded that Wise's effort has concentrated on cheerful support instruments that are essential for creating drug seeking and restoring them fast after a time of abstinence. On the other hand, Koob's research has concentrated on adverse support instruments that appear most common in the late periods of continued addiction.

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