

50 Item interpersonal skills Questionnaire Results

Personality Trait	Low	Fairly-low	Average	Fairly-high	High	Score
Emotional Intelligence						38
Team Working						29
Empathy						36
Integrity						34
Social Boldness						34

Individuals with high interpersonal skills are likely to score highly in many, or even all of these measures, whereas individuals showing low interpersonal skills may express lower scores on many of these measures.

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Emotional Intelligence

Emotional intelligence is the ability to assess, identify and control emotions, both in oneself and in other people. A score of 38 indicates a fairly high level of emotional intelligence. You are able to recognise, evaluate or utilise the emotions of others and of yourself more effectively than many people. More often than not, you are able to identify why individuals become emotional. When making decisions, emotional factors are likely to have a relatively significant impact in your overall decision making.

Team working

Team working is the ability to cooperate with co-workers in order to achieve goals or objectives. A score of 29 indicates an average preference for team work. You are equally likely to perform well in a team, and when working autonomously. Your performance is neither inhibited nor enhanced when working in a team. When certain team members are slacking, or being overly dominant within the group, you get as frustrated as most people.

Empathy

Empathy is the capacity to recognise emotions that are being experienced by yourself and by other people. A score of 36 indicates a fairly high level of empathy. You find it easier than most people to notice emotions in other people. You are also somewhat more aware of your own emotional state than many people. People are likely to recognise you as an empathetic person that is relatively in tune with their own emotions and those of other people.

Integrity

Integrity is the concept of consistency of action, values and principles, along with one's honesty and truthfulness. A score of 34 indicates a fairly high level of integrity. Your actions are more based on ethics and principles than most people. You are less likely to bend your principles or values than many people, usually opting to avoid morally questionable acts. More often than not, you express honesty and truthfulness, finding it difficult to bend the truth.

Social Boldness

Social boldness is the exhibition of courage, bravery and assertiveness in social situations. A score of 34 indicates a fairly high level of social boldness. You are somewhat more likely to show courage and bravery in social situations than most people. You are more likely to express assertiveness or dominance than many people. People are likely to recognise you as a relatively bold person that is rarely shy.